



Base Performance Nutrition, LLC

www.baseperformance.com

FOR IMMEDIATE RELEASE

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ALAMO, CA – Base Performance Nutrition launches Base Amino Product

Base Performance Nutrition announced the launch of its first product, Base Amino. Base Amino is specifically designed to improve an athlete's endurance, performance and physical and mental recovery before, during and after exercise.

According to Chris Lieto, founder and developer of Base Performance Nutrition, "every single nutrient an athlete puts into their body either supports superior performance or corrupts it. Each training session, athletic event or the simple stress of daily living depletes nutritional reserves."

Amino acids are the basic structural building units of proteins, Growth, repair and maintenance of all cells are dependent upon amino acids. Base Amino's proprietary combination of "free form" amino acids is designed to initiate optimal metabolic function and balance through "nutri-genomic" cellular signaling, which assists athletes at all levels of performance and competition attain lean muscle mass, increased endurance and speed recovery.

About Chris Lieto

Chris is a three-time Ironman Champion and former U.S. National Ironman Champion. Lieto recently placed 6th at the 2007 Ironman World Championships in Kona, Hawaii. To learn more about Chris please visit www.chrislieto.com

About Base Performance Nutrition

Base Performance Nutrition is a premiere line of nutritional supplements that sustains superior performance. To learn more please visit www.baseperformance.com

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